

Superion/Vertiflex Procedure Instructions

Pre-Procedure Instructions

Please follow instructions after procedure is approved or scheduled.

1. Patients **MUST** shower with Hibiclens solution for 3 nights in a row prior to procedure date.
2. Hibiclens use is a requirement to kill bacteria to minimize or avoid risk of infection after procedure, and to avoid procedure cancelation.
3. Patient **MUST** bring most recent MRI/CT disc to the surgical center on the day of the procedure, Physician needs to review images during procedure.
4. Your Provider will prescribe and send one Antibiotic prescription (Keflex/Cephalexin500mg) to your preferred pharmacy to start taking right after procedure.

Additional information.

Whats is Hibiclens solution?

Hibiclens is a skin cleanser that kills germs for up to 24 hours.

Do I need a prescription for Hibiclens?

No Hibiclens solution is available and can be found over the counter at any pharmacy.



Directions: Apply to skin and rub it in gently for 5 minutes with a washcloth. Rinse very well with warm water for 3 nights before procedure, Do not use regular soap after using and rinsing Hibiclens .

ALWAYS ASK IF THERE IS ANY CONFUSION OR ANY QUESTIONS